



ADVENTURE AWAITS YOU AT

# VALLEY OF FLOWERS

5N|6D



## ABOUT THE TREK

The Valley Of Flowers is one of the most beautiful and mesmerizing national parks of the country, situated at an altitude of 3658 m in Chamoli district of Uttarakhand. It is famous for its wide variety of flora (Alpine flowers, Vajardanti, Marsh Marigold, Shomalap, etc) and fauna (Asiatic black deer, snow leopard, musk deer, red fox, brown bear, blue sheep, etc) and is also known as the WORLD HERITAGE SITE. Another jewel of this region is the Hemkund Sahib, a popular Sikh pilgrimage. It is situated at an altitude of 4297 m which makes it the highest Gurudwara of the Sikh community. Numerous waterfalls, dense forest, snowcapped Himalayas, lake of snow and the holy Gurudwara will make you fall for the place.





## DAY 01 | RISHIKESH TO JOSHIMATH

- Pick up from Rishikesh at 6:30 AM
- Drive to Joshimath/Govindghat Via Devprayag
- Arrival at hotel by evening
- Dinner in Hotel

## DAY 02 | JOSHIMATH/GOVINDGHAT TO GHANGARIA

- Early morning wake up call
- Leave hotel after breakfast
- Drive to Poolna, the last motorable point
- 10 km Trek from Poolna to Ghangaria.
- Evening Tea and Snacks
- Dinner at the Hotel





### DAY 03 | GHANGARIA TO VALLEY OF FLOWERS

- Early morning Wake up call
- Leave for Ghangaria after Breakfast
- Valley is 4km from Ghangaria, Explore the Valley
- Return to Ghangaria after having Packed lunch
- Dinner and rest in Hotel





## DAY 04 | GHANGARIA TO HEMKUND SAHIB

- Check out of Hotel after Breakfast
- Reach Gurudwara in afternoon.
- Return back from Ghangaria around 1.30 pm as it is not allowed to stay beyond 2pm.
- Evening Snacks and Dinner at the hotel





## DAY 05 | GHANGARIA TO GOVINDGHAT/JOSHIMATH

- After Breakfast descend down to Govindghat.
- Arrival in Joshimath Hotel by evening
- Dinner and Rest in hotel

## DAY 06 | JOSHIMATH TO RISHIKESH

- Leave Joshimath early morning
- Drive back to Rishikesh
- Arrival at Rishikesh by 7:00 PM
- Plan your journey ahead.



## INCLUSIONS

- Rishikesh to Rishikesh
- Accommodation in Hotel/Guest House on Triple/Quad Sharing
- All Trek cost: Food (Veg Only- Breakfast, Lunch, Evening Snacks and Dinner)
- Experienced Trek Leader, Guides and a very supportive staff
- Forest permits
- Medical Amenities – First Aid Kits, Oximeter, oxygen cylinders.

## EXCLUSIONS

- Anything not mentioned in the inclusion list
- 5 % GST
- Meals during Transportation
- Any personal Expenses
- Unscheduled or extended stay due to roadblocks, Landslides
- Porter/mule charges (Personal), Backpack offloading Charges
- Cost of Evacuation in case of emergency

## HIGHLIGHTS

- No of Persons (1-4) : Hatch Back – Alto, Swift or Equivalent
- No of Persons (5-8): Tata Sumo/Mahindra Bolero or Equivalent
- No of Persons (9-12): Tempo Traveller
- Selection of vehicles as per availability. Vehicles in Group Departures are Non AC



## THINGS TO CARRY

### **Personal Kits**

Diamox-Mountain Sickness, Crocin-Fever, Avomine-Motion Sickness, Avil 25mg - Allergies, Combiflam, Disprin-headache, Norflox TZ & Lomofen - diarrhoea, digene-acidity, omez/rantadine antacid, crepe bandages, band aids, ORS, betadiene or antiseptic cream, moov spray/volini, cotton, gauze.

### **Personal Care and toiletries**

Lip Balm and Cold Cream, Sun Cap or Sunscreen (SPF 30+) Tooth brush, Tooth paste, Liquid soap, Hand Sanitizers, Slippers, Light Towel, Toilet Roll (Avoid wet tissues as they are not eco friendly)

## BOOKING CONFIRMATION

- The customer receives a confirmation voucher via email within 24 hours of successful booking.
- In case the preferred slots are unavailable, an alternate schedule of the customer's preference will be arranged and a new confirmation voucher will be sent via email.



## INSTRUCTIONS

- Trekkers are requested to bring their entire luggage in a rucksack only. Good trekking shoes are a must.
- Thermal inner wear for night.
- Extra pair of socks.
- Torch/ head torch is necessary.
- Separate tents for male and female.
- Smoking and drinking is strictly prohibited.
- Buying drugs or any illegal material is strictly prohibited, the participant will be detained and handed over to government authority
- Instructions from followed.



## CANCELLATION POLICY

- If cancellations are made 30 days before the start date of the trip, 25% of total tour cost will be charged as cancellation fees.
- If cancellations are made 15-30 days before the start date of the trip, 50% of total tour cost will be charged as cancellation fees.
- If cancellations are made within 0-15 days before the start date of the trip, 100% of total tour cost will be charged as cancellation fees.
- In case of unforeseen weather conditions or government restrictions, certain trips or activities may get canceled. In such cases operators will try their best to provide a feasible alternative. However a cash refund will not be applicable for the same.
- Cancellations are strictly subjected to cancellation policies mentioned on the website & are irrespective of the date of booking.



## CONTACT US

If you have any questions or inquiries regarding the trek, we will be happy to assist you.

Feel free to contact us by telephone or email us we will be sure to get back to you as soon as possible.



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